



### Upcoming Events and Calendar Dates

#### Monday, May 4<sup>h</sup> – Friday, May 8<sup>th</sup>

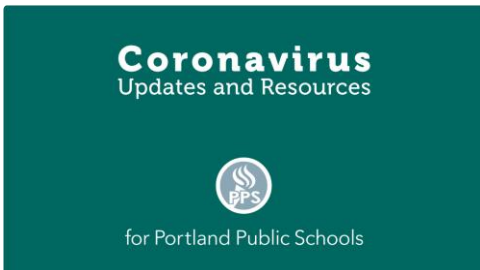
##### **Home-Based Distance Learning**

- K-2 Classrooms via SeeSaw
  - 3-8 Classrooms via Google Classroom
- Look for emails and information from your student's teacher(s) to connect you and your student to their online learning platform.

Wednesday, May 6<sup>th</sup> – Virtual PTA Meeting – 5:45-7:30pm

Thursday, May 7<sup>th</sup> – Principal's Virtual Daytime Coffee & Conversation ~ 9:00-9:30pm

Thursday, May 7<sup>th</sup> – Principal's Virtual Evening Check-In & Conversation ~ 5:30-6:00pm



### **COVID 19 Updates**

[This link](#) will take you to the PPS COVID19 page. On this page you will find links to many resources for support as well as information from the district. [A new link](#) has been added from the department for Student Success and Health with links to many of their departments that are available to support students and families during the school closure.

### **Home-Based Distance Learning**

resources for families are linked to this Portland Public School's [page](#). Here you will find all the information you need regarding teaching and learning that will carry student's until the end of the school year.

Here is the link to the Vernon K-8 School Counseling Resources Webpage. We are here to support.

[I Believe, I Belong, I Become. Come Grow With Us](#)



- Jen Goslin - K-5 School Counselor
- Hilary Gourneau - K-5 Counseling Intern
- Laura Benice – Middle School Counselor
- Audrienne Manansala – Middle School Counseling Intern

### **From Ms. Tatiana Bruce – SUN Coordinator**

If you or someone you know is in need of supports during the COVID19 outbreak, please reach out to me. I am able to support with a variety of needs, from food and home supplies, as well as financial supports. All communication is confidential. You can email me at [tatianab@selfenhancement.org](mailto:tatianab@selfenhancement.org)



Hello Vernon Community!

Mark your calendars for our first **VIRTUAL PTA MEETING** on Wednesday May 6th from 545-730pm. Join by following the link [meet.google.com/jmv-pjig-nqk](https://meet.google.com/jmv-pjig-nqk) or by phone at 513-816-1246 (PIN: 809527304).

Key agenda items include identifying new officers for next year's PTA Board and reviewing a proposed budget for 2020-2021. The board will also share some of our ongoing discussions about supporting families in our community who are especially affected by Covid-19.

Ask not what your PTA can do for you, but what you can do for your PTA! The single best way to really understand and support our children, their education, and our AWESOME Vernon community is to join the PTA.

**Board Positions for 2020-2021:**

President: **vacant**

Vice President: **vacant**

Secretary: Travis Odgon

Advising Past President: Casey Clarke

Treasurer(s): **vacant**

Communications: Jess Byers

PYP Coordinator(s): Maya von Geldern

MYP Coordinator(s): **vacant**

Families of Black Students Liaison: **vacant**

LGBTQ+ Families Liaison: Jess Byers

Neurodiverse Affinity Group: Michele Juon

Las Familias: **vacant**

Diversity, Equity, & Inclusion Advisory Committee Liaison: Eric Island

Looking forward to seeing you all this coming Wednesday!



**What is the role of the MYP (Middle Years Program) Coordinator?**

- Attends PTA Board meetings once a month and ideally attends the monthly PTA meetings and, when applicable, reports on any MYP news.
- Supports the MYP teachers by canvassing for volunteers for any field trips, events, or fundraising endeavors that arise.
- Acts as a liaison between administration and MYP Teachers and MYP families. For example support administration in organizing a MYP dance, communicating details to the community via FB and announcements in the Owl Post, and gathering volunteers for chaperoning spots.
- Supports MYP students by finding ways for them to contribute to school events. For example: soliciting students to help with events like Carnival - they can volunteer to work at games or food tables.
- Support 8th graders & MYP staff during end of year field trip planning and Promotion.

# VERNON PROUD

## From Vernon's School Nurse – Rob Nicholson

Hello Vernon Families,  
Even though the school campus is closed, the Vernon Health Room is still here for you. We are available to answer non-emergency health questions and COVID-19 specific information. See the phone number and email below to contact us!

Here are some resources and information:

The Multnomah County Student Health Center at Parkrose High School is still open from Monday to Friday. Call ahead to arrange an appointment at (503) 988-3392.

If you are concerned about your or someone else's mental health, you can call Multnomah County Crisis Services at (503) 988-4888 (24 hours a day, 7 days a week). Interpretation services available.

COVID-19 information seems to change daily. Call 211 or visit the COVID-19 webpages for the CDC or OHA for the latest information. We can also answer your questions.

It is easy to become overwhelmed right now. Don't forget, we are all in this together, Vernon!

Sincerely,

Rob Nicholson, School Nurse [rnicholson@mesd.k12.or.us, cell with text: (971) 202-3738]

Donna Eckford, School Health Assistant  
(deckford@mesd.k12.or.us)

## Night Out for Owls Update

Please note that all sign up events for May from the Vernon Night Out for Owls are postponed. The NOFO team will reach out the hosts and announce new days and times once social distancing guidelines permit. Thank-you for your understanding and patience. The NOFO Team

## Leap Into 9th Grade

Leap into 9th Grade prepares incoming ninth grade students to excel in high school by building a foundation for success before starting high school. Families can register [students online](#). Leap will take place at PPS' eight high schools June 24 – July 15 and at Benson July 6 – 24, from 9:00 am- 12:30 pm. Please note that programming dates are subject to change due to social distancing guidance updates.

Please reach out to Ms. Benice with questions at [ibenice@pps.net](mailto:ibenice@pps.net).



## Vernon IB World School

**IBelieve. IBelong. IBecome.**  
Come grow with us.



# Ms. Goslin's K-5 Counseling Activities...Week of May 4

Hello Everyone!

I am so excited to celebrate Teacher Appreciation Week!!!! This is my first year at Vernon and I have seen such love and commitment given to students by our teachers. The last month has only magnified each teacher's ability to adapt and be creative in how they connect with their students. My heart is full every time I join a Google Meet. To see the ongoing learning and relationship building is inspiring. Please reach out to your teachers and share how they make you feel and how important they are to your life.






Along with the activities below, I created a grade K-2 lesson that will help you focus on doing the right thing even when life gets difficult: <https://prezi.com/tobxjohnsxzo/do-the-next-right-thing/#>

Vernon Pride! Take care! Ms. Goslin

Email: [jgoslin@pps.net](mailto:jgoslin@pps.net)

Website: <https://vernonschoolcounseling.weebly.com/contact-us.html>

Tried an activity? Have an idea?: <https://forms.gle/7Xm187SVAik7m2Lr9>

Mindful Monday 5/4	GratiTuesday 5/5	Wellness Wednesday 5/6	Thoughtful Thursday 5/7	Fun Friday 5/8
				
<p><b><u>Podcast: The Imagine Neighborhood</u></b></p> <p>This podcast is meant for you to listen to with your parents/guardians. You will hear fun stories and great music to learn about your feelings and how to handle them. The first episode has a robot vampire, Count Vacula, who shares about feeling scared.</p> <p><a href="https://www.imagineneighborhood.org/podcast-1">https://www.imagineneighborhood.org/podcast-1</a></p>	<p><b><u>Read Aloud: Maya's Blanket/ La Manta de Maya</u></b></p> <p>In Espanol: <a href="https://bit.ly/3bDXMjv">https://bit.ly/3bDXMjv</a></p> <p>In English: <a href="https://bit.ly/2VG1HXx">https://bit.ly/2VG1HXx</a></p> <p>A beautiful story of the love between Maya and her abuelita (grandma). We are all grateful for our abuelitas!!!</p>	<p><b><u>Challenge Journal</u></b></p> <p>Have you been feeling more frustrated lately? This journal helps you think about failure and success and helps you plan how to handle frustration. You can learn how to control your reactions.</p> <p><a href="https://go.aws/3aDsaZT">https://go.aws/3aDsaZT</a></p>	<p><b><u>Teacher Appreciation Week</u></b></p> <p>Say "Thank you" to your amazing teachers!!!</p> <p>Some ideas for ways to share your heart:</p> <p><a href="https://bit.ly/2YdYGiT">https://bit.ly/2YdYGiT</a></p>	<p><b><u>Indoor Scavenger Hunt</u></b></p> <p>You can use this one: <a href="https://bit.ly/2Y9JEUl">https://bit.ly/2Y9JEUl</a></p> <p>Or make your own for your family to do!</p> <p>If you do make one and want to share- please email it to me!</p>



# GUIDELINES FOR ONLINE SAFETY & DIGITAL CITIZENSHIP

## ANONYMITY AND PRIVACY

**Anonymity:** The internet can give the impression that we are anonymous. However, everything we do (and say) online leaves a digital footprint behind.

**Privacy:** Everything you do online using your PPS account and/or technology is a matter of public record. You should not assume anything you say, post, submit, etc. is private.



## COMMUNICATING ONLINE



When we are communicating online we don't have the benefit of reading other people's emotions so we need to be thoughtful about what we say to avoid any misunderstandings. You can help by using proper punctuation, grammar and spelling and avoiding the use of slang or abbreviations. No one wants to be shouted at so never use ALL CAPS!

## DIGITAL CITIZENSHIP

- Before posting, re-read what you are going to say, then post.
- Be kind, respectful & professional
- Keep your comments/questions relevant and on topic
- No joking about sensitive topics or sharing inappropriate images or material.



## COMMUNICATION TOOLS

All school-related communication must be done using with your PPS email account or login.

Students will be communicating with teachers and classmates using tools including but not limited to Gmail, Google Meet (Hangouts), Google Voice, Google Classroom, and Remind.



[WWW.PPS.NET/TITLEX](http://WWW.PPS.NET/TITLEX)

# TITLE IX OF THE EDUCATION AMENDMENTS ACT OF 1972

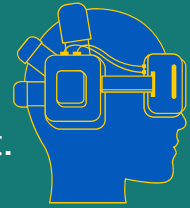


## PROTECTS KIDS FROM DISCRIMINATION, HARASSMENT & (CYBER)BULLYING AT SCHOOL & ONLINE



### VIRTUAL LEARNING EXPERIENCES

All virtual learning apps and experiences are for PPS students only. Do not share passwords, course codes, meeting links, or any other information that gives non-PPS students access to your online content.



### GOOGLE MEET GUIDELINES



- Dress as you would for school
- Be on time
- Mute your microphone unless you are actively speaking
- Keep the camera off if there are distractions around you or if you are concerned about safety (the camera picks up everything!)
- Avoid eating; avoid multi-tasking

### DIGITAL SUPPORTS

#### PPS Student & Parent Portal

Links to help guides, access to Canvas, Seesaw, Clever, Google Classroom and other technologies depending on grade level.

#### PPS Tech Support for Students & Parents



### REPORT



Title IX protects PPS students, staff and third-parties regardless of whether its online or in-person, from (cyber)bullying, harassment or any form of gender discrimination. For the duration of PPS-HD, our focus is on ensuring online student/community safety and modeling safe, healthy relationships. We will continue to respond promptly to every Title IX report. Please visit the Title IX website for how to report and what is prohibited.

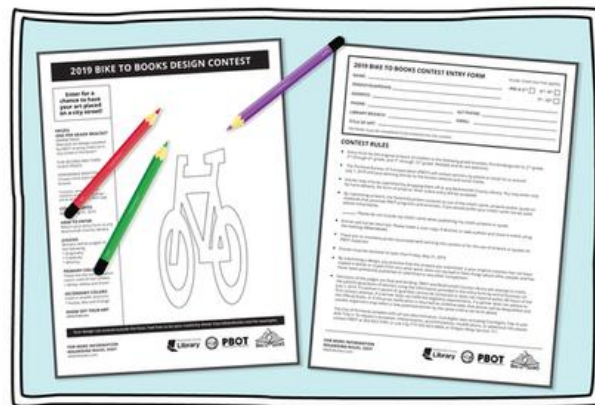
[WWW.PPS.NET/TITLEIX](http://WWW.PPS.NET/TITLEIX)



## BIKE MONTH IS IN MAY, AND THAT MEANS IT'S TIME FOR THE BIKE TO BOOKS DESIGN CONTEST!

[Click here](#) to view the winning designs from 2019 and [here](#) for the PBOT page with details.

Celebrate Bike Month this May by taking a bike ride to your [local library](#)! Every person who bikes to a Multnomah County Library branch will receive a sticker when you pick up your contest form in May!



- Join the Bike More Challenge and log your bike trips to the library and elsewhere!
- Check out PBOT's Event Calendar on Facebook for a list of Bike Month happenings around the city.
- Share your bike ride to the library on social media with the hashtag #BiketoBooks!

Did you know? Riding your bike to school or to the library can be simple, efficient and, most importantly, fun. Research shows that biking to school has learning benefits for kids as well.

Bike to Books is a bike-friendly collaboration between the Portland Bureau of Transportation, and Multnomah County Library.

# 2020 BIKE TO BOOKS DESIGN CONTEST

**Enter for a chance to have your art placed on a city street!**

## **PRIZES:**

### **ONE PER GRADE BRACKET**

#### **GRAND PRIZE**

Bike lane art design installed by PBOT striping crews on a city street in Portland.\*

**FUN SECOND AND THIRD PLACE PRIZES!**

*\*Location, timing and final rendition of the winning design will be determined by PBOT staff.*

## **CONTEST DATES**

May 1 - May 31, 2020

## **HOW TO ENTER**

Print the form on [biketobooks.com](http://biketobooks.com) or request printed forms at: [surveymonkey.com/r/BiketoBooks](https://surveymonkey.com/r/BiketoBooks)

Email photos of BOTH SIDES of your completed entry form to [biketobooks@portlandoregon.gov](mailto:biketobooks@portlandoregon.gov) and keep the original copy!

## **JUDGING**

Winners will be judged on the following:

- Originality
- Creativity
- Whimsy

## **PRIMARY COLORS**

These are the most common colors used on our streets:

- White, Yellow and Green

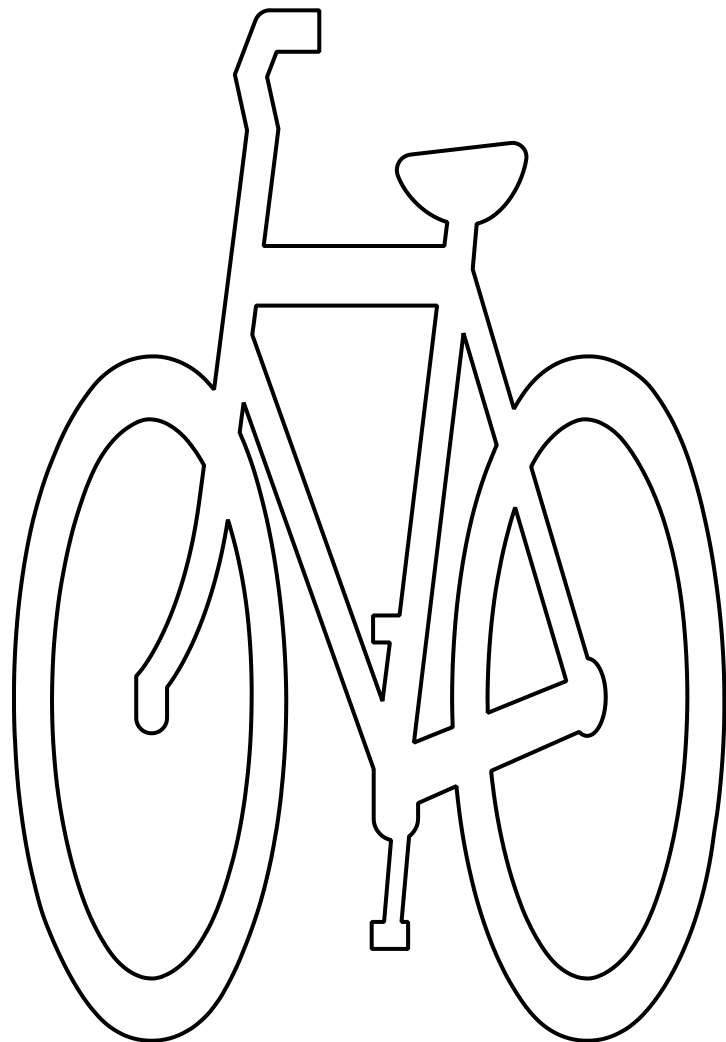
## **SECONDARY COLORS**

Used in smaller amounts:

- Purple, Red and Orange

## **SHOW OFF YOUR ART**

*#BikeToBooks*



Your design can extend outside the lines. Feel free to let your creativity shine! Visit [biketobooks.com](http://biketobooks.com) for examples.

**FOR MORE INFORMATION REGARDING RULES, VISIT**  
[biketobooks.com](http://biketobooks.com)





# 2020 BIKE TO BOOKS CONTEST ENTRY FORM

Grade: Check box that applies

NAME: \_\_\_\_\_

PRE-K-2<sup>nd</sup>  3<sup>rd</sup> - 6<sup>th</sup>

PARENT/GUARDIAN: \_\_\_\_\_

7<sup>th</sup> - 12<sup>th</sup>

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ ALT PHONE: \_\_\_\_\_

LIBRARY BRANCH: \_\_\_\_\_ EMAIL: \_\_\_\_\_

TITLE OF ART: \_\_\_\_\_

\*All fields must be completed to be entered into the contest.

## CONTEST RULES

- Entry must be the original artwork of children in the following grade brackets: Pre-Kindergarten to 2<sup>nd</sup> grade, 3<sup>rd</sup> through 6<sup>th</sup> grade, and 7<sup>th</sup> through 12<sup>th</sup> grade. Multiple entries are welcome.
- The Portland Bureau of Transportation (PBOT) will contact winners by phone or email on or around July 31, 2020 and post winning entries to the bureau website and social media.
- Entries will only be accepted through the Bike to Books email: [biketobooks@portlandoregon.gov](mailto:biketobooks@portlandoregon.gov).
- By submitting artwork, the Parent/Guardian consents to use of the child's name, artwork and/or quote on materials that promote PBOT programs and activities. If you would prefer your child's name not be used, please initial below.  
  
\_\_\_\_\_ Please do not include my child's name when publishing my child's artwork or quote.
- There are no monetary prizes associated with winning this contest or for the use of artwork or quotes on PBOT materials.
- Entries must be received no later than Friday, May 31, 2020.
- By submitting a design, you promise that the artwork you submitted: is your original creation; has not been copied in whole or in part from any other work; does not say bad or false things about other people; and has never been previously published or submitted to any other competition.
- Decisions of the judges are final and binding. PBOT and Multnomah County Library will attempt to notify the parents/guardians of winners using the information provided in the entry form by end of business on July 31, 2020. If a winner's parent or guardian cannot be contacted or does not respond within 48 hours of the first contact attempt, if a winner does not fulfill the eligibility requirements, if a winner does not adhere to the Official Rules, or if the prize notification is returned as undeliverable, that winner will be disqualified and contest organizers may select a new potential winner by the same criteria set forth above.
- The City of Portland complies with all non-discrimination, Civil Rights laws including Civil Rights Title VI and ADA Title II. To request translation, interpretation, accommodation, modifications, or additional info please contact PBOT at 503-823-5185, or use City TTY 503-823-6868, or Oregon Relay Service: 711.